

FAMILY PRAYER

Dear Heavenly Father,
Thank You for every good
gift You have given us. Like
David, we praise You
because everything
belongs to You. Help our
family devote ourselves to
prayer, stay watchful, and
always be thankful. Give us
joyful hearts that love You
and serve others. May our
words and actions show
gratitude every day.
In Jesus' name Amen.



Thankfulness Challenge

Each family member writes
down 10 things they are
thankful for each day.

DAY 7

Family Celebration

Review

- ★ Recite Colossians 4:2 together.
- ★ Talk about your favorite part of David's prayer.
- ★ Share the biggest blessing from this week.

Celebration Ideas



Ice Cream
Night



Family Game
Night



Choose One or Create your own



Favorite Family
Meal

Family Prayer

Each person says one sentence
beginning with
"Thank You, God, for..."
End by praying Colossians 4:2 together.



End of the Week Reflection

- ★ Where did you see God this week?
- ★ Count how many blessings your family listed.
- ★ Keep the list to look back on during difficult times.

thankfulness = in = prayer

MEMORY VERSE

Devote yourselves to
prayer, being watchful
and thankful.

Colossians 4:2



DAY 1

Why We Thank God



Colossians 4:2

Discuss

- ★ What does it mean to devote yourself to prayer?
- ★ Why do you think Paul says to be thankful when we pray?
- ★ What are three things you're thankful for today?



Activity Options

- ★ Make a "Thankful jar" and add one note each day.
- ★ Draw five blessings God has given your family.
- ★ Go on a thankfulness walk and point out God's creation.



Prayer

Thank God for everything He has provided this week.



DAY 2 Everything Comes from God



1 Chronicles 29:10-13

Big Idea

David praised God because everything belongs to Him.

Discuss

- ★ What are some things that belong to God?
- ★ What talents has God given each family member?

Activity Options

- ★ Make a list of God's gifts to your family.
- ★ Play "Name That Blessing" where everyone takes turns naming blessings that start with the last letter of the previous blessing.



Prayer

Praise God for who He is



DAY 3

God Gives Us Everything



1 Chronicles 29:14-16

Discuss

- ★ Why did David say everything came from God?
- ★ How should that change the way we think about our possessions?



Activity Options

- ★ Donate toys, clothes, or food together.
- ★ Bake cookies for a neighbor



Prayer

Thank God for providing everything your family needs.



DAY 4

A Willing Heart



1 Chronicles 29:17-18

Discuss

- ★ What does it mean to have a willing heart?
- ★ How can we serve God joyfully?



Activity Options

- ★ Do a secret act of kindness.
- ★ Make encouraging cards for someone.

Prayer

Ask God to give your family joyful and thankful hearts.



DAY 5

Passing Faith to the Next Generation



1 Chronicles 29:19-20

Discuss

- ★ Why did David pray for Solomon?
- ★ How can parents encourage children to love God?



Activity Options

- ★ Parents pray individually over each child.
- ★ Children pray for their parents.



Prayer

Pray for each member of your family by name.



DAY 6

Living Thankfully



Review Colossians 4:2

Challenge

Can your family go one whole day without complaining?

Every time someone starts to complain replace it with something they're thankful for.

Activity Options

- ★ Keep a gratitude tally.
- ★ Have a family thankfulness scavenger hunt.



Prayer

Thank God for helping your family grow.

